

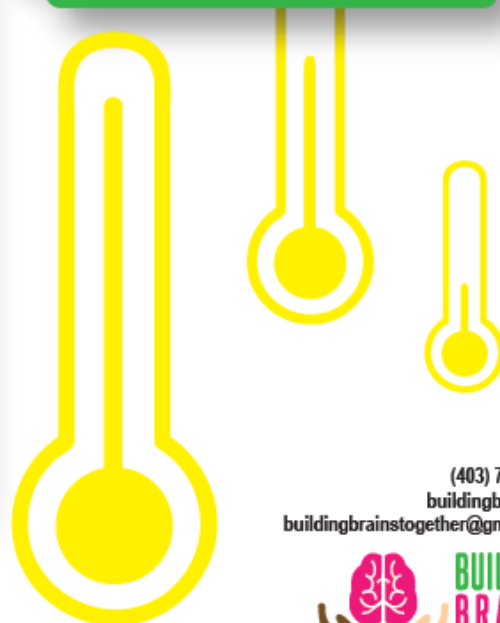
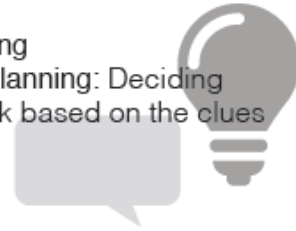
# HOT AND COLD

## HOW TO PLAY

- 1** Hide a stuffed animal or other object somewhere around the room.
- 2** Explain to the child what you have hidden and ask them to find it. Tell them that you'll say "hotter" when they move closer to the hidden object, and "colder" when they move farther away from it.
- 3** Start off the activity by saying "hot" or "cold" depending on the object's initial location in relation to the child.
- 4** Continue until the child finds the hidden object.
- 5** The roles can be switched so that the child becomes the director and the caregiver becomes the finder.

## WHAT THEY LEARN

- Working memory: Remembering where they have already looked for the object.
- Listening skills: Paying attention to instructions of which areas are "hot" and "cold."
- Understanding instruction/Planning: Deciding where to look based on the clues given.



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